



Red Hart-Smith, MS, LPC in-progress  
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## PROFESSIONAL DISCLOSURE STATEMENT

**Philosophy and Approach:** I believe in person-centered care and the potential for all humans to create lives they can feel proud of. I aspire to flatten traditional client/provider hierarchies and create therapeutic relationships based in client strengths and goals. I employ an eclectic approach which integrates client-centered, strength-based modalities through a feminist lens; cognitive behavioral interventions provide an evidence based approach to psychoeducation and skill-acquisition.

**Formal Education and Training:** I am a Nationally Certified Counselor and I hold a master's degree in Clinical Mental Health Counseling from the University of Vermont. I completed my clinical internship as a counselor at Champlain College. I additionally received a bachelor's degree in Psychology from Smith College. I have worked as a behavioral interventionist with children in a residential setting, as a residential counselor with young adults transitioning from the foster care system, as a case manager with parents receiving state benefits and mental health services, as a residential counselor in an adult substance use treatment facility, as a clinician in a crisis respite program, and as a counselor in a community mental health organization.

**As a supervisee of a licensee** of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. I am under the ongoing supervision of Ryan Loiselle, LPC who reviews my cases with me. You may contact my supervisor at 503-374-2901.

**Hours and Session Length:** I see clients 5 at the address listed above and clients may call or email to schedule appointments. Individual sessions are 50 minutes in duration, usually once a week. In order for counseling to be effective, it is important to attend all regularly scheduled appointments. If you are unable to attend a scheduled appointment please notify us 24 hours in advance if possible. Missing two consecutive appointments without notification could result in loss of your regular slot or ending services. You are free to terminate services at will; however, it is usually most therapeutic to schedule a closing session.

**Payment:** Most clients seen at Brave Space are using OHP insurance, which pays for most of the session fees. You may have a \$3 copay. Clients are fully responsible for the payment of all copays for services at the time of service, and if insurance ends, must discuss client payment for ongoing service. Checks, credit cards, and cash are accepted forms of payment and payable at the beginning of the session. Fees are \$145 for a 50-minute session

### Client Rights and Confidentiality

As a client of an intern supervised by a licensed professional counselor you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by law
- To examine records maintained by the Board and to have the Board confirm credentials of a licensee
- To obtain a copy of the Code of Ethics
- To report complaints to the Board
- To be informed of the cost of professional services before receiving the services
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Professional Counselors and Therapists at 3218 Pringle Rd SE #250, Salem, OR, 97302. Telephone: 503-378-5499. Email [lpct.board@state.or.us](mailto:lpct.board@state.or.us) Website [www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)