**TRANSGENDER CARE: IDENTITY- AND TRAUMA-INFORMED CARE**

FACILITATOR: Kate Kauffman, LPC, owner of Brave Space, LLC

DURATION: 12 hours

TARGET AUDIENCE: Transgender, cisgender, and non-binary providers will gain useful tools and interventions from this training. Licensed and unlicensed LPC, LCSW, LMFT, PsyD providers; DHS caseworkers, peer mentors, foster parents, advocates, and other helping professionals

PREREQUISITE KNOWLEDGE: familiarity with basic gender identity dynamics such as terminology, use of language, creating welcoming spaces, separation of sexual orientation and gender identity, etc.

​

COURSE DESCRIPTION

How do people deal with oppression on a daily basis? As a care provider, how do I help people build skills for it? How do I navigate my own relationship with oppression while trying to help another human?

This training draws from the skills-based model of Dr. Leticia Nieto, PsyD, to help providers make sense of how humans navigate oppression-related trauma, and build interventions to increase resiliency. The training will use Nieto’s trans-theoretical identity model to contextualize common trauma treatment modalities so that providers can identify when, where, and how to implement such interventions, based on a client’s given presentation. The training will help providers understand specific processes experienced by many transgender and non-binary people, and support them from trauma- and equity-based models of care.

For a primer on the model, visit [**http://www.seattlechannel.org/embedvideoplayer?videoid=x59621**](http://www.seattlechannel.org/embedvideoplayer?videoid=x59621)

LEARNING OBJECTIVES

* Understand common trauma treatment interventions within a trans-theoretical identity model to apply interventions more strategically and effectively
* Identify skill sets used by clients and providers to navigate oppression and privilege
* Identify interventions that help build new skillsets in client and provider
* Outline a course of treatment for people experiencing oppression related to gender identity

​

TRAINING MODALITIES

During this training, participants will engage in didactic presentation, self-reflection, videos of community members’ experiences, and experiential activities.  Those who complete all parts of the training will be added to a vetted list of providers shared by Brave Space and community medical providers.

Participants will gain access to a variety of Brave Space’s internal client resources and the Powerpoint slides at the end of the training.